



# Most Holy Trinity News



January 26, 2012

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**Most Holy Trinity Catholic School**

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## Helping Your Child Achieve

Is your child achieving? Are they in the achieving mind set? If you are like most parents, you might feel like you have to say, "No."

There are too huge reasons why your child may not be achieving. Fear may be stopping your child from achieving. Independence and doing things on their own involve risk. For some children, the risk of failure is too much. "*Math is too difficult, so I won't try.*" The risk of trying and failing is so high that some children choose to stop trying. Fear may also include the fear of growing up, fear of leaving home for college, or fear of having to make big decisions. All growth involves risk and fear can be a companion of those willing to grow.

Society impacts children. Society doesn't always encourage the type of growth and maturity that leads to achievement. Quick successes are often displayed as the best, while persistence is not often recognized. ridiculed.

Family influences to grow are important. Encouragement for growth and overcoming struggles benefits children throughout a life time. Children who achieve are able to use a failure to drive them into a later success.

What can a parent do to raise children who are achievers? **A.** Set high expectations. **B.** Discourage monetary awards for good school grades, but expect that doing the best you can do is the mark of success. **C.** Help your child set goals and encourage them as they make steps toward the big goal. **D.** Make your child comfortable with success. Learning how to feel good when they do succeed is a skill that needs to be practiced. **E.** When a failure comes, help them see how this failure will lead to a success in the future. Make the learning from a failure part of the future success.

Children who are achievers have similar traits. They are at peace with whom they are. They have inner drive. They are comfortable with change. They are comfortable with reasonable risk, but they do not take on risk for the sake of risk. They show independence.

May God bless you as you raise your children to be achievers.

Ann H. Russek, Ph. D.

## Important! PTO Meeting Tonight

Don't forget tonight's meeting at 6:30 p.m. in the cafeteria (ground level of the church.) The main agenda items will be:

- Mr. Anthony Lemons will discuss high school prep information with our parents.
- Dr. Russek will discuss the results from Parent and Student Surveys.

## Religion News by Sister Mary Kay Hadican

### Faith is First

**Good News in Education is the theme for 2012 Catholic Schools Week which begins January 28 – February 4. The Good News is that in our school FAITH is First. Every aspect of life at Most Holy Trinity School and Academy is rooted in our Catholic Christ faith. That is, God's love and life revealed in Jesus and by the gift and power of the Holy Spirit we are all we need to develop our talents to the full and be faithful followers of Jesus.**

**Our focus is on the dignity of each student. Our goal is to impart meaningful values for a holy, healthy life and to educate, to provide the best possible learning opportunities of which we are capable so that our students will succeed to the best of their abilities. In short the spiritual, psychological, and intellectual needs of the students are at the forefront of faculty and administration encounters with students.**

**DIVERSITY is our value theme for the month of February. It seems that all our values are easier said than lived. Diversity is no different. We are daily challenged to recognize that God loves all of us, not some more than others. Children are prone to cliques and to poke fun or offer put downs to others who are different from them. Some are in; some are out; some are smarter; some struggle to learn; and some have more. Is this not the same world we live in as adults? Maybe during February, you can point out and discuss with your children the beauty of diversity. Their beauty as children of a loving God, builds in each of them a sense of self respect, confidence, and a heart open to all.**

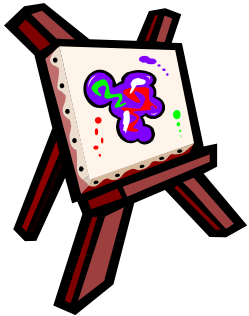
## Catholic Schools Open House

The annual Open House for all Catholic Schools in the Archdiocese of St. Louis area will be held this Sunday, January 29<sup>th</sup> from Noon until 2:00 p.m. This event is designed for those who may be interested in their child attending a Catholic School. Please invite your neighbors, friends, relatives, and co-

workers who have school-age children. Let's spread the news about Most Holy Trinity Catholic School!

See the attachment for a schedule of events for Catholic Schools Week at Most Holy Trinity School.

## Catholic Schools Galleria Art Display



Over the next week, Art teacher Chloe Bethany, will be selecting outstanding student artworks to be hung in a special display at the St Louis Galleria. The display will include artworks from Catholic School students across St Louis and take

place from January 29<sup>th</sup> to February 4<sup>th</sup>. Selected students and their families will be notified so that their work can be admired!

## Praying Through Our School Family

January 27	Wisdom Williams
January 30	Marquis Woolfolk, Jr.
January 31	Mrs. Ann Cannamore
February 1	Mrs. Patricia O'Shea
February 2	Brother Tim Opferman
February 3	Mrs. Shelly Weiskopf
February 6	Ms. Susan Leto
February 7	Mr. Joseph Koepke



Please join the staff in praying for our Student or Faculty Member of the Day. Give thanks to God for placing these wonderful people in our faith family community.

## School Closing Procedures-Snow Days

Just a reminder that all information regarding school closings due to inclement weather will be broadcast on Television channels 2,4,5 and KMOX 1120 (generally prior to 7 A.M.)

You can also call the school office number to hear a recorded message or check Fast Direct. Please notice the announcement will read "Holy Trinity City closed."

## Saturday School

Saturday School will start back up on February 4, 2012. If you have questions, please call Dr. Russek.

## Menu for the week beginning January 30 Through February 10th

The menu for the rest of the next two weeks is attached to this newsletter. You may want to hang it on the refrigerator, so the children will know what is for breakfast and lunch at school.

## Calendar of Events

January 26	6:30 p.m. – Parent-Teacher Organization Meeting
January 29	9:30 a.m. Open House as part of School Celebration of Catholic Schools Week
February 20 <sup>th</sup>	President's Day <b>NO SCHOOL</b>

## Re-enrollment Time will soon be HERE

Re-enrollment packets will be sent home soon with your children. Please start planning on putting aside the \$50.00 re-enrollment fee to complete paperwork to re-enroll your child at Most Holy Trinity. We will try to complete the re-enrollment process by mid-March.

## Volunteers Invade Our School

On Saturday, January 28<sup>th</sup>, we will be invaded by over 75 wonderful volunteers from St. Louis University High School (students and parents). They will be sprucing up our Primary Building, cleaning, painting, and the like.